



## IJF PROGRESS AWARD FINALISTS 2022

**MEGAN CARBERRY** – Sports & Exercise Therapy

**SAM WELTON** – Civil & Structural Engineering

**RYAN WITHEY** – Equine Dentistry

### 1. **MEGAN CARBERRY**

**Age:** 28

**From:** North Yorkshire



**Second Career:** Sports and Exercise Therapy

**Race Riding Career:** Rode both on the Flat and over Jumps with 39 winners in total. She was Yorkshire Champion Apprentice in 2014 and as a Conditional with Brian Ellison, she enjoyed success aboard Dominada.

**Career Development:** Megan was first interested in Sports and Exercise Therapy after spending time in rehabilitation at Jack Berry House. She consulted with JETS to find a suitable course and was awarded a Scholarship to help her carry out her studies in which she gained a First class degree, a remarkable achievement having not studied

since being at school. She has also gained work experience on a placement at Jack Berry House and is hoping to use her qualification and experience to work with jockeys. She has now gone on to complete a one year Masters course, all the time juggling with parenthood and riding out for Brian Ellison.

**Megan said:** “I have managed to balance family, study and work over the past 3 years and still achieve the highest grades possible. I think I’ve shown that with great determination you can achieve anything in life. I’m looking forward to completing my Masters and gaining a First as that’s the standard I’ve set for myself.”

**JETS Support/Training Courses:** JETS consultation, Training advice, Career Guidance, Assistance with Work Placement at Accountancy firm. Scholarship grant for BSc course at York St John University.

## 2. SAM WELTON

**Age:** 32

**From:** Cattal, Yorkshire



**Second Career:** Civil & Structural Engineering

**Race Riding Career:** Sam rode as a Conditional from 2010 to 2014 for various trainers in both England and France. He changed to an Amateur licence when he returned to Yorkshire and switched to transporting horses and pre-training work for trainers.

**Career Development:** Sam first approached JETS in 2014 to get his LGV licence so he could help transport horses to racecourses. After the birth of his daughter in 2015, Sam realised he needed to focus on the long term and decided to pursue a career in the engineering industry which he felt opened up lots of career opportunities to him. He did an Access to Higher Education Science course at York College which enabled him to secure a place at Bradford University to study Civil and Structural Engineering which JETS has partially funded through their scholarship scheme. Sam struggled, as many university students, did during Covid with the additional challenges of remote learning, and has relied on JETS for support and has recently graduated from Bradford University. He has managed to do this whilst also working for Racetech and is now considering various options to take his career forward.

**Sam said:** “On top of the pressures of Covid and remote learning, I had a professional diagnosis of dyslexia and ADHD. Therefore to have graduated with a degree in Civil and Structural Engineering, having suffered these afflictions is something I am very proud of. I’m hugely grateful to JETS, the IJF, Sporting Chance and Racing Welfare for all of the help and assistance I have been given to be able to be in the very happy and healthy position I am in now.”

**JETS Support/Training Courses:** JETS consultation, Training advice, Career Guidance. LGV Driver Training, Masters in in Civil Engineering.

### 3. RYAN WITHEY

**Age:** 26

**From:** Wincanton, Somerset



**Second Career:** Equine Dentistry

**Race Riding Career:** Ryan rode as an Amateur Jump jockey in point to points and against professionals and had 12 winners. He qualified for JETS support as an IJF beneficiary.

**Career Development:** Ryan first started considering a career away from riding after suffering a serious foot injury with multiple fractures. With a young family to support he initially carried on working milking cattle whilst still recovering from injury. With the support of both JETS and IJF, he decided to look into an equine dentistry career after spending time with an equine dentist who worked at a yard where he was based and gaining a basic understanding. JETS has then helped fund his training courses, advising him on what he need to do to qualify and finding him work experience. He was then recommended to Equine Dental Services South West where he now works whilst continuing to attend Trident training courses and improving his knowledge by working with other dentists. Once he has built up his case studies, he can then complete his exams and become fully qualified as a registered equine dental technician.

**Ryan said:** “I have constantly been looking to improve my skills in my spare time, spending time with other equine dentists in different parts of the country. I have

learned so much and am really hoping the experiences will stand me in good stead as I look to qualify fully as a British Association of Equine Dental Technicians.”

**JETS Support/Training Courses:** JETS consultation, Training advice, Career Guidance, CV Preparation, Work Placement and recruitment support. Trident UK Equine Dentistry School and Advanced Equine Dentistry Theory Course.